

Volume

7

FREEDOM HOUSE DISCIPLESHIP

Policy & Procedure Manual

Policy & Procedure Manual

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Introduction to Freedom House Discipleship

What is Freedom House Discipleship?

Freedom House Discipleship is an intense Twelve-Month program that is designed to help individuals who are just being released from prison/jail and those struggling with addiction who have attempted to make it on the streets with no success. Too many times when people are released back into society they end up right back in the same environment they were in before their incarceration. It is a vicious cycle of pain, not only for the men, but for their families as well, and it has to end! We are a faith-based discipleship program designed to help our students realize that they can achieve spiritual success if they are properly disciplined.

*And, having been set Free from sin, you have become servants of righteousness
{Of conformity to the divine will in thought, purpose, and action}.*

Mission Statement

VISION

- To see Freedom House Discipleship graduates living sober, successful lives and fulfilling the Great Commission to make disciples of all nations.

MISSION

- Freedom House Discipleship's sole purpose is to raise men to be true followers of Christ. They will come out of the Freedom House ready to radically change the world and be true Priests of their own homes and take the place as husband, father, and leader.

OBJECTIVES

- To create a positive, spiritual environment where the students feel safe, secure and have all their basic needs met and teach them how to eventually meet these needs on their own.
- To have a staff that is committed to going the extra mile in order to help students bring about a lifestyle change in their recovery process.
- To enable students to become spiritually alive, emotionally stable, physically healthy and socially active in all aspects of society.
- To produce graduates who will be true Disciples of Christ, fulfilling the Great Commission to make disciples of all nations that will radically transform the world.

QUALIFICATIONS

1. Are you willing to commit Twelve months of your life to an intense discipleship-training program?
 - **Our S.U.C.C.E.S.S. Program exists to create an environment where the disciple can study and memorize God's Word with a limited amount of distractions from the outside world.**
 - **This is not a decision to be entered into lightly as it will require much diligence and long hours of study to complete the required components for graduation.**
2. Are you married or engaged?
 - This is an in-resident program and you will not be allowed to see or talk to your spouse on a regular basis. This is a time of healing and growth for you and our Savior.
3. Are you willing to spend the first 30 days with no distractions {telephone calls or letters} to help you learn Godly habits?
 - You will be allowed to make one 15-minute phone call upon arrival to FHD so as to notify family of your whereabouts.
4. Do you have any pending legal matters that would take you off campus?
 - FHD is a discipleship school, not a residential care facility and cannot provide transportation for these matters unless local; therefore any legal matters that may need to be taken care of must be dealt with by the disciple at his own expense. **NO EXCEPTIONS!**
 - If you are on probation or parole you must have a letter from your P.O. stating the conditions of your probation or parole upon entry into the program.
5. Do you have any medical conditions {including HIV}; pending or present that would take you off campus during your stay at FHD?
 - FHD is a discipleship school, not a residential care facility and cannot provide transportation for these matters; therefore any medical matters that may need to be taken care of must be dealt with by the disciple at his own expense.
 - You must be medically and physically able to perform volunteer work assignments and weekly chores at FHD and Agape Dream Center as part of the program.
 - You cannot have been diagnosed with any chronic illnesses, which would prevent you from performing your volunteer work assignments as part of FHD.
6. Have you been diagnosed with ANY mental illnesses?
 - FHD is neither a mental health facility nor a hospice. For this reason FHD cannot knowingly allow anyone into the program that has been diagnosed with any mental illness.
7. Are you currently taking any prescription medication, including those that are psychotropic in nature?
 - All prescribed medication must be noted on the application.

8. Do you have any personal matters that would take you off campus?
 - FHD is a discipleship school, not a residential care facility and cannot provide transportation for these matters; therefore any personal matters that may need to be taken care of must be dealt with by the disciple at his own expense.
9. Are you currently receiving any kind of income?
 - You will be opening your own checking and/or savings account and your money will be deposited into that account minus tithes and offerings.

What We Believe

1. **The Scriptures Inspired:** The Bible is the inspired Word of God, a revelation from God to man, the infallible rule of faith and conduct, and is superior to conscience and reason, but not contrary to reason (2 Tim. 3:15-17; 1 Peter 1:23-25; Heb. 4:12).
2. **The One True Godhead:** The triune Godhead is comprised of 3 separate and distinct personalities; The Father, The Son and The Holy Spirit, who are externally self-existent, self-revealed and function as one entity. Jesus Christ, who is God manifested in the flesh, is the second member of the Godhead, co-equal and co-eternal with The Father and The Holy Spirit.
3. **The Salvation of Man:**
 - a. Man's only hope of redemption is through the shed blood of Jesus Christ. On the cross Jesus Christ became sin and sickness providing both salvation and divine healing for all mankind (Psalm 103:3) being justified freely by His Grace through the redemption that is in Christ
 - b. Jesus. For by grace we are saved through faith. "The word is near you, in your mouth and in your heart -- that is, the word of faith which we are preaching, that if you confess with your mouth Jesus is Lord, and believe in your heart that God raised Him from the dead, you shall be saved; for with the heart man believes, resulting in righteousness, and with the mouth he confesses, resulting in salvation." (Romans 3:24; Ephesians 2:8; Romans 10:8-10).
 - c. The Evidences of Salvation. The inward evidence, to the believer of his salvation, is the direct witness of the Spirit (Romans 8:16). The outward evidence to all men is a life of righteousness and true holiness. "and this is His commandment, that we believe in the name of his Son Jesus Christ, and love one another, just as He commanded us" (I John 3:23).

d. Faith and Works. Salvation is by faith in Jesus Christ and not by human works; however, our works will determine the rewards in eternity (Romans 10: 9-10; Ephesians 2:8-9; Titus 3:5-7; Romans 14:12-20; and 2 Cor. 5:10).

4. **The Promise of the Father:** All believers are entitled to, and should ardently expect and earnestly seek, the promise of the Father, the Baptism in the Holy Ghost and Fire with the edification of speaking in tongues, according to the command of our Lord Jesus Christ. This was the normal experience of all in the early Christian church. With it comes the endowment of power for life and service, the bestowment of the gifts and their uses in the work of the ministry (Luke 24:49; Acts 1:4-8; 1 Cor. 12:1-31).
5. **The Church:** The church is the body of Christ, the habitation of God through the Spirit, with divine appointments for the fulfillment of her great commission. Each believer, born of the spirit, is an integral part of the general assembly and church of the first born, which are written in Heaven (Ephesians 1:22, 2:19-22; Hebrews 12:23).
6. **The Lake of Fire:** Those who have not accepted the redemptive work of Jesus Christ will suffer eternal separation from the Godhead. The devil and his angels, the beast and the false prophet, and anyone whose name was not found written in the book of life, shall be consigned to everlasting punishment in the lake of fire, which burns with brimstone. This is the second death, the lake of fire (Rev. 19:20; 20:10-15).
7. **Abundance in Christ:**

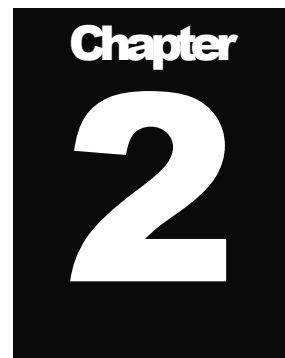
Spiritual Healing. 3 John 1:2; 2 Cor. 5:17-21; Romans 10: 9-10

Mental Healing. 2 Tim. 1:7; Romans 12:2; Isaiah 26:3

Physical Healing. Isaiah 53:4,5; Matt. 8:17; 1 Peter 2:24

Financial Healing. Malachi 3:10-11; Luke 6:38; 2 Cor. 9:6-10; Deut. 28:1-14

Social Healing. Proverbs 3:4



S.U.C.C.E.S.S. Program

Steps Using Choices and Challenges to Experience Spiritual Stability

The S.U.C.C.E.S.S. Program has been developed by the L.A. Dream Center Discipleship as has much of our curriculum. This program has been designed to help disciples achieve success based on their behaviors and attitudes. This method teaches the disciple who understands that the choices they make directly affect the benefits and rewards they receive in life. Those who are not interested in progressing forward with healthy and positive choices will not reap the benefits and privileges that accompany those positive choices.

All disciples will enter the program at the Orientation Phase. The disciple will have an opportunity to move forward to greater rewards and responsibilities based on the choices the disciple makes. Life is a learning experience, which offers parallels; good choices bring about good consequences or rewards and bad choices bring about bad consequences or discipline. This program has been designed to teach the disciple that his destiny lies with the choices he makes.

Freedom House Discipleship is a discipleship school. We are not a residential care facility, rehab center, detox facility or homeless shelter. FHD exists to educate Christians regarding their walk with Christ in helping them overcome life's obstacles. This is accomplished through sound Biblical teaching, Scripture memorization, directed Bible studies and faith in God that He will always lead us to SUCCESS as we trust Him in this journey we call life.

LEVEL ONE

ORIENTATION PHASE

{Day One to 3 Months}

PRIVILEGES and RESTRICTIONS

- Disciples are to abide by posted schedules and be at least 15 minutes early to each event. This includes morning devotion.
- Disciples will wear FHD T-shirts or FHD Polo shirts to church on Wednesday night and on all outreach ministries unless told otherwise by Director. Disciple is responsible for keeping FHD shirts clean and in good condition. Additional shirts are available for purchase if disciple needs a replacement.
- FHD is a closed campus facility. Therefore, disciples will not be allowed to leave campus at this level for any reason other than an emergency or for church services ***without permission*** from FHD staff or they will be asked to leave the program.
- Disciples are allowed to have only minimal amounts of money {\$20.00 per week} in their possession while on this level.
- Visits are allowed on this level after 30 days. One visit per week and only immediate family members or pre-approved persons may visit disciple on property during family visitation times. ALL visits must be pre-approved every week prior to visitation time. NO walk-ins allowed. A maximum of four {4} family members are allowed per visit. Visitation is every **Saturday or Sunday from 2:00 PM – 7:00 PM** {this visit may be approved or disapproved and even modified by the Director, based on disciple's current circumstances}.
- There will be no phone privileges for the first 30 days. One 30-minute phone call per week during scheduled time will be allowed for the remainder of Level One.

LEVEL ONE REQUIREMENTS

- Disciple will work on assigned BI-Weekly Bible Studies; Great Truths of the Bible, Great Characters of the Bible, Confronting Sexual Addiction, Facing Addictions.
- Disciple will write an essay on goals, of 1000 words or more in his own words answering the following questions: 1) Why am I in this program? 2) What are my weaknesses? 3) What are my strengths? 4) What are my short-term goals over the next Twelve months? 5) What are my long-term goals over the next 5 years?
- Disciple will have House Rules written three times.
- Disciple will turn in studies by Monday on the week they are due.
- Disciple will take sermon notes on Wednesday night and Sunday Morning and will turn them in to the director with studies on set due date. This includes services we attend at other churches.
- Disciple will be current on scripture memorization {See bi-weekly chart page 15}
- Disciple must be faithful in attendance to all *Dream Center/Freedom House* activities and services and consistent in adhering to rules, regulations, and policies on this level.
- When at any service, disciples are required to sit together in assigned seating area unless otherwise stated by director or staff.
- There can be no unresolved Community Service Tickets to move to the next level.

LEVEL TWO

RECOVERY PHASE

{3 Months to 6 Months}

PRIVILEGES and RESTRICTIONS

- Disciples are to abide by posted schedules and be at least 15 minutes early to each event unless directed to do differently by a staff member. This includes morning devotion.
- Disciples will wear FHD T-shirts or FHD Polo shirts to church on Wednesday night and on all outreach ministries unless told otherwise by Director. Disciple is responsible for keeping FHD shirts clean and in good condition. Additional shirts are available for purchase if disciple needs a replacement.
- FHD is a closed campus facility. Therefore, disciples will not be allowed to leave campus at this level for any reason other than an emergency or for church services *without permission* from FHD staff or they will be asked to leave the program.
- Two visits per week and only immediate family members or pre-approved persons may visit disciple on property during family visitation times. ALL visits must be pre-approved every week prior to visitation time. NO walk-ins allowed. A maximum of four {4} family members are allowed per visit. Visitation is every **Saturday or Sunday from 2:00 PM – 7:00 PM** {this visit may be approved or disapproved and even modified by the Director, based on disciple's current circumstances}.
- Disciples are allowed to have \$50.00 cash per week on their person while on this level and may be required to turn in **ALL** receipts. The rest of the disciple's money will be either put in a safe on premises or a savings account will be opened in the disciple's name. There will be a limit of \$50.00 spent per week.
- Disciple will have the privilege of making two phone calls per week during scheduled time. You must limit calls to 30 minutes per time slot. This means two-30 minute phone calls, not 60 minutes on the telephone. There can only be one 30-minute call made at each scheduled time.
- NO home or off campus visits while on this level unless approved by director.
- Disciple will be allowed to enjoy off campus activities at the discretion of the Director and as long as schedule permits.

LEVEL TWO REQUIREMENTS

- Disciple will work on assigned BI-Weekly Bible Studies; Great Truths of the Bible, Great Characters of the Bible, and The Trust.
- Disciple will be current on scripture memorization {See bi-weekly chart page 15}.
- Disciple must be faithful in attendance to all *Dream Center/Freedom House* activities and services and consistent in adhering to rules, regulations, and policies on this level.
- When at any service, disciples are required to sit together in assigned seating area unless otherwise stated by director or staff.
- Disciple will write a 1000 word essay in his own words on the importance of a Faith-Based Recovery Discipleship Program verses a mainstream 12-step program.
- Disciple will turn in studies by Monday on the week they are due.
- Disciple will take sermon notes on Wednesday night and Sunday Morning and will turn them in to the director with studies on set due date. This includes services we attend at other churches.
- If demoted from Level Three, disciple will write a 1000 word essay in your own words why you were demoted and what kind of change you will maintain, once you are promoted back to Level Three.
- There can be no unresolved Community Service Tickets to move to the next level.

LEVEL THREE

DISCIPLINE PHASE

{6 Months to 9 Months}

PRIVILEGES and RESTRICTIONS

- Disciples are to abide by posted schedules and be at least 15 minutes early to each event unless directed to do differently by a staff member. This includes morning devotion.
- Disciples will wear FHD T-shirts or FHD Polo shirts to church on Wednesday night and on all outreach ministries unless told otherwise by Director. Disciple is responsible for keeping FHD shirts clean and in good condition. Additional shirts are available for purchase if disciple needs a replacement.
- Disciple will have the privilege of making three phone calls per week, during scheduled time. You must limit calls to 30 minutes per time slot. This means three-30 minute phone call, not 90 minutes on the telephone. There can only be one 30-minute call made at each scheduled time.
- Disciples are allowed to have \$50.00 per week cash on their person while on this level and may be required to turn in **ALL** receipts. The rest of the disciple's money will be either put in a safe on premises or a savings account will be opened in the disciple's name. There will be a limit of \$50.00 spent per week.
- Disciples will be allowed to have two visits per week **on separate days** and not on weekends that an overnight pass has been granted. Only immediate family members or pre-approved persons may visit disciple on or off property during family visitation times. **ALL** visits must be pre-approved every week prior to visitation time. **NO** walk-ins allowed. A maximum of four {4} family members are allowed per visit. Visitation is every **Saturday or Sunday from 2:00 PM – 7:00 PM** {this visit may be approved or disapproved and even modified by the Director, based on disciple's current circumstances}.
- Disciple may be allowed to have one day pass per month on this level if he has been in the program for at least **six months** and he is current on all his studies and has no unresolved tickets. Day passes are allowed on **Saturday and Sunday only from 2:00 PM – 9:00 PM**, as long as schedule permits, with approved family members unless otherwise approved by the Director.
- Overnight passes **are not** allowed while on this level unless otherwise approved by the Director.
- Disciple will be allowed to enjoy off campus activities at the discretion of the Director and as long as schedule permits.

LEVEL THREE REQUIREMENTS

- Disciple will work on assigned BI-Weekly Bible Studies; Great Truths of the Bible, Great Characters of the Bible, and The Fear Factor.
- Disciple will be current on scripture memorization {See bi-weekly chart page 15}.
- Disciple must be faithful in attendance to all *Dream Center/Freedom House* activities and services and consistent in adhering to rules, regulations, and policies on this level.
- Disciple will write an essay on authority and obedience, of 1000 words or more in his own words, answering the following questions: 1) Why should we respect authority? 2) How do you show respect for authority? 3) Why obedience is so important? 4) What are the consequences of disobedience and rebellion?
- Disciple will turn in studies by Monday on the week they are due.
- Disciple will take sermon notes on Wednesday night and Sunday Morning and will turn them in to the director with studies on set due date. This includes services we attend at other churches.
- If demoted from Level Four, disciple will write a 1000 word essay in your own words why you were demoted and what kind of change you will maintain, once you are promoted back to Level Four.
- There can be no unresolved Community Service Tickets to move to the next level.

LEVEL FOUR

SUCCESS PHASE

{9 Months to 12 Months}

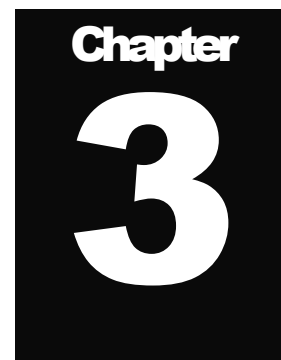
PRIVILEGES and RESTRICTIONS

- Disciples are to abide by posted schedules and be at least 15 minutes early to each event unless directed to do differently by a staff member. This includes morning devotion.
- Disciples will wear FHD T-shirts or FHD Polo shirts to church on Wednesday night and on all outreach ministries unless told otherwise by Director. Disciple is responsible for keeping FHD shirts clean and in good condition. Additional shirts are available for purchase if disciple needs a replacement.
- Disciple will have the privilege of making three phone calls per week, during scheduled time. You must limit calls to 30 minutes per time slot. This means Three-30 minute phone calls, not 90 minutes on the telephone. There can only be one 30-minute call made at each scheduled time.
- Disciples are allowed to have \$50.00 cash on their person while on this level and may be required to turn in **ALL** receipts. The rest of the disciple's money will be either put in a safe on premises or a savings account will be opened in the disciple's name. There will be a limit of \$50.00 spent per week.
- Disciples will be allowed to have two visits per week **on separate days** and not on weekends that an overnight or weekend pass has been granted. Only immediate family members or pre-approved persons may visit disciple on or off property during family visitation times. A maximum of four {4} family members are allowed per visit. Visitation is every **Saturday or Sunday from 2:00 PM – 7:00 PM** {this visit may be approved or disapproved and even modified by the Director, based on disciple's current circumstances}.
- Disciple may be allowed to have one day pass per month on this level if they are current on all their studies and have no unresolved tickets. Day passes are allowed on **Saturday and Sunday only from 2:00 PM – 9:00 PM**, as long as schedule permits, with approved family members only.
- Disciples may be allowed to have an overnight stay **or** weekend pass with immediate family members or pre-approved persons only, in or out of the area providing they are current on all of their studies and have no unresolved tickets. The disciple is only allowed one pass per month {overnight or weekend}. All overnight stays will have to meet the approval of the Director.

LEVEL FOUR REQUIREMENTS

- Disciple will work on assigned BI-Weekly Bible Studies; Great Truths of the Bible, Great Characters of the Bible, and God's Solutions.
- Disciple will be current on scripture memorization {See bi-weekly chart page 15}.
- Disciple will successfully lead devotions.
- Disciple will have written a 1000 word essay in his own words on how the disciple plans to succeed and overcome foreseeable obstacles, problems and temptations upon his leaving FHD.
- Disciple will turn in studies by Monday on the week they are due.
- Disciple will take sermon notes on Wednesday night and Sunday Morning and will turn them in to the director with studies on set due date. This includes services we attend at other churches.
- Disciple must be faithful in attendance to all *Dream Center/Freedom House* activities and services and consistent in adhering to rules, regulations, and policies on this level.
- **Disciple will have assisted in a tangible way in mentoring and leading others in the program {Disciple could mentor, encourage, help with studies, or have helped in organizing and running events or activities, etc.}.**
- There can be no unresolved Community Service Tickets to graduate.

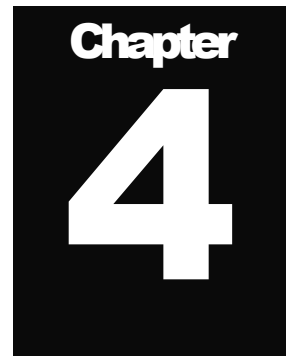
HOW DO I MAINTAIN A LEVEL STATUS?



⇒ **Do not violate automatic demotions which are, but not limited to:**

1. Not passing drug test.
2. Refusing to take a drug test.
3. Possession of drugs and/or drug paraphernalia.

4. Drinking alcohol.
5. Possession of alcohol.
6. Using tobacco of any kind.
7. Possession of tobacco of any kind.
8. Leaving property without permission.
9. Abuse of off campus privileges.
10. Perusing an intimate relationship with anyone of same or opposite sex.
11. Taking ANY drug without prescription or permission.
12. Not taking medication and hiding it so others may take it.
13. Hitting or restraining a staff person.
14. Ten {10} unresolved tickets or 50 hours of community service, whichever comes first. {It is your responsibility to do hours}



How To Successfully Complete The FHD Program

- ⇒ Complete all Level Assignments.
- ⇒ Must be in the program a minimum of Twelve {12} months.
- ⇒ Must have a letter of recommendation from the Director.

Upon Director's approval of promotions, disciples will begin to enjoy the benefits of their promotion immediately. We will acknowledge promotions as schedule permits. Upon approval of automatic demotion or single level demotions, staff will begin the process of demotion immediately.

Upon completion of the Freedom House Discipleship program the disciple will receive his Certificate of Completion and graduation ring during a special graduation ceremony at FHD.

BI-WEEKLY SCRIPTURE MEMORIZATION

Week 2— Old Testament Books

Week 4— New Testament Books

Week 6— John 3:16-18

Week 8— Romans 3:21-24

Week 10— Romans 5:6-8

Week 12— Romans 6:1-4

Week 14— Romans 6:19-21

Week 16— Romans 8:1-4

Week 18— Romans 10:9-13

Week 20— Romans 8:31-39

Week 22— Romans 13:1-5

Week 24— Romans 13:11-14

Week 26—1 Samuel 15:22-23

Week 30— Matthew 5:3-12

Week 32— Philippians 2:5-15

Week 34— Proverbs 20:1; 23:20-21

Week 36— John 8: 31-32 Prv.23:22-23

Week 38— James 1:2-8, 12-15

Week 40— Psalms 23:1-6

Week 42—1 Peter 4:1-6

Week 44—1 Cor. 6:9-11

Week 46— Isaiah 59:1-2; 61:1-3

Week 48— Psalms 9:7-11

Week 50— Isaiah 55:1, 6-9

Week 52— Graduation Week

Week 28— Galatians 5:19-26



DREAM CENTER

FREEDOM HOUSE DISCIPLESHIP

House Rules

As for Me and My House....

Freedom House Discipleship is a program that is based on choices. The choices that we make determine not only where we are headed but also where we have been. Poor choices are sometimes the result of not following boundaries that have been established in our society.

The rules for FHD have been established to help you re-establish and maintain boundaries in your life. These rules have been carefully and prayerfully thought out and have been put in place to help you in your journey to a successful life.

1. ADMISSION

- Admission into Freedom House Discipleship (FHD) is a privilege and not a right.
- Upon admission, the resident must submit all possessions and person to inspection.
- An inspection may be conducted at any time that there is a reasonable cause to suspect that contraband, drugs and or drug paraphernalia may be present either on the person or in the rooms assigned to that person.

2. SPIRITUAL LIFE

- FHD is a Faith-Based Discipleship Home. As such, there is a spiritual component required.
- This includes but not limited to: Chapel services, bible studies, prayer services and public services that are essential to the program.
- All students are required to attend such services or classes. **NO EXCEPTIONS!** There will be no talking or writing letters during study time or during FHD class.
- Using the restroom or getting a drink during services at Agape Dream Center will not be allowed. Restrooms may be used before or after services.

3. PRIVACY

- Since FHD is a residential live-in program with many residents in the program there should be no expectation of privacy with the following exceptions: No one is allowed in your room or bathroom without your permission and you are not allowed in anyone else's. {Except for staff}
- Rooms have at least two persons per room and all residents share community bathrooms.
- Director, Assistant Director, or Intern Advisor has right to walk into any and all disciples rooms without knocking at any time.
- FHD reserves the right to perform room searches when deemed necessary by the Pastor/Director, Assistant Director, or Intern Advisor.
- FHD also reserves the right to use closed circuit TV in hallways and entrances and security sensors on all doors and windows for security purposes.

4. PROBATIONARY PERIOD

- During the first thirty {30} days of residence, the disciple will be on probationary status.
- The disciple will have the opportunity to experience the program and to decide if he desires to complete the 12-month program.
- During this probationary period, the disciple will participate in all activities of FHD.
- The staff will observe the disciple and decide if he meets all requirements to continue in the FHD Program.

5. GROWTH

- During the disciple's stay at FHD, the disciple will be **required** to show progressive growth.
- **"Growth"** constitutes participation in work assignments, classes, Bible studies, prayer, bible reading, room cleanliness, personal hygiene, chapel services, morning devotion, church services, and any other activity required by FHD.
- **Growth is also measured in terms of the development of character, attitude, integrity, and relationships with other brothers and sisters in Christ.**
- Failure to produce such growth constitutes grounds for dismissal.

6. FAMILY VISITS

- Hours of visitation are from 2:00-7:00 p.m. on Saturday and Sunday only.

- Family visits are not allowed if you have had community service hours that week.
- If you are not current with studies and memory verses you will not be allowed visits.
- If a visitor is intoxicated in any manner they will be asked to leave and CANNOT return. NO EXCEPTIONS!
- If spouse visits, disciple will conduct himself in a respectable manner.
- {i.e. no heavy petting, sitting in laps, laying on one another, heavy kissing, etc.}
- There will be no more than four family members allowed per visit.
- All family visits must be approved each week prior to taking place, NO EXCEPTIONS.

7. DRUGS

- This includes alcohol, tobacco in any form, any illegal substance and/or paraphernalia as well as prescription medication that is not prescribed to you.
- You are not allowed to have any of these items in your possession or in your room.
- This also includes contact or association with individuals under the influence of, or in possession of the previous mentioned drugs. (Not applicable when on street ministry)
- While in the program you will be required to submit to random drug, nicotine, and alcohol tests and room searches.
- A positive test is grounds for immediate discharge from FHD.

8. VIOLENCE

- Violence, abuse or threats of violence or abuse are not allowed at any time.
- This includes swearing, threats, name-calling or threatening tone or level of voice towards staff, or other disciples, or any other person{s}.
- Horseplay will not be allowed as this can lead to aggressive behavior.

9. WEAPONS

- No weapons of any kind will be allowed during the duration of the program.
- This includes firearms, knives, razor blades, shivs or any other object that may be used as a weapon. {Pocket knives are allowed for work purposes}

10. RELATIONSHIPS

- If the disciple is married or engaged prior to enrollment to FHD we encourage the continuation of their relationship. Girlfriends are not included!
- There is to be no fraternization between two or more individuals for the purpose of establishing a romantic relationship. This includes flirting, dating, and inappropriate conversations with members of the opposite or same sex.
- Disciples will conduct themselves as brothers of Christ with members of the opposite or same sex.
- Disciples **will not** be alone with someone of the opposite sex. Buddy system remains in effect at all times.
- Homosexuality will not be allowed!
- FHD is not a dating service but a discipleship school.

11. ILLEGAL ACTIVITY

- All illegal activity is prohibited and will subject a disciple to appropriate discipline, including but not limited to expulsion from FHD and/or reporting such activity to appropriate legal authority. This includes any activity or behavior, not covered above that would be considered illegal in society.

12. MAIL

- Letter writing is permitted and encouraged after 30 days of admittance into Freedom House Discipleship {FHD}.
- Letters are to be written during free time only so as not to interfere with study or work time.
- FHD does reserve the right to inspect and censor all incoming and outgoing mail and packages for security purposes.
- You must submit a list of addresses of people that will be writing you on a regular basis.
- FHD may, at staff discretion, restrict a disciple from communicating by mail with specified individuals at the request of family members or close friends.
- Disciples are encouraged to write their spouse, children, parents or other persons designated as “family,” on a regular basis.
- Each disciple will be allowed to send two letters per week within the United States, free of cost. Any additional mail will be at the Disciple’s own expense.
- Your Director will hand out mail. Therefore, do not ask for mail, as it will be handed out at the designated time.
- Disciples **are not** allowed to check mail. **If you are caught in mailbox you will lose mail privileges for one month, second offense is expulsion.**
- All incoming mail needs to be addressed as follows:

{Your Name}
C/O Freedom House Discipleship
P.O. Box 3522
Odessa, Texas 79760

13. TELEPHONE CALLS

- Upon entering the program the disciple is allowed one 15-minute phone call within the first 72 hours. After that call, blackout rules are in effect until the student has completed Black Out Phase. {30 days}
- Office telephones are for staff use only.
- Telephone calls will be allowed as follows; after 30 days in Level One-1 per week, Level Two-2 per week, Level Three-3 per week, and Level Four-3 per week.
- **All telephone calls are limited to thirty (30) minutes.**
- Disciples are not allowed to answer incoming calls, but messages will be taken and the disciple may return the call during their next phone privilege time unless it is an emergency.
- An emergency is defined as a death, a life-threatening circumstance or serious illness in the family, etc., and shall be determined by staff.

- Anyone caught using the phones without authorization will be disciplined accordingly.
- A telephone will be provided at a designated location for use during the times listed below. You must sign up in the office Mon-Wed to be scheduled a call time. This is done on a first come basis.

	Friday	Saturday	Sunday
Beginning	5:00p.m.	3:00 p.m.	2:00 p.m.
Ending	8:00p.m.	8:00 p.m.	8:00 p.m.

14. MEDICAL CARE

- Only emergency medical and dental work is allowed while disciples are in FHD.
- Each disciple is responsible for any medical or dental bills that he incurs. Therefore, FHD cannot be held responsible for these bills.
- It is the responsibility of the disciple to inform the staff of any chronic medical problems upon entry into FHD.
- **FHD is not equipped to provide any ongoing medical or dental needs; therefore, a disciple will be required to leave to attend to such matters.**
- Prescription medications are the sole responsibility of the disciple. No medications that are narcotic or psychotropic in nature will be allowed on the property.

15. VEHICLES

- Personal vehicles are **only** allowed for disciples that are near completion of Level 4 and **only** at the discretion of the Director.

16. FOOD

- Food is allowed only in the designated areas. Food is not allowed at any time in an individual's room.
- You **MUST** clean up all crumbs, clean all dishes, and make sure all food is put away in a manner that will keep it fresh and not attract bugs or rodents.
- If disciple empties a container he must clean immediately and put away. Add to grocery list if needed.

17. PERSONAL FINANCES

- Possession of money will be determined for each disciple by Director.
- Panhandling or borrowing money from any person, on or off the property is not allowed.
- Discussion of one's personal financial situation will not be tolerated.
- While in Level 1 disciples will only be allowed to have **\$20.00 per week!**
- It is a requirement to save money while in FHD. No more than **\$50.00 per week** should be in the

disciple's personal possession at any time unless pre-approved by Director.

- Once disciples starts working your pay stubs must be turned in at least once per month to show how much you are paid so as to be sure adequate tithes are being paid.

18. DRESS CODE

- Disciples are allowed to have only two week's worth of clothing due to limited space.
- FHD shirts will be provided for each disciple and must be worn at specified times.
- Polo or T-shirts must be worn at all FHD outings unless specified beforehand.
- Sagging or oversized pants or shirts will not be allowed.
- Hats and sunglasses are not to be worn indoors, on or off the property at any time. Shades are to be taken off head and put away when inside.
- Shirts must be worn at all times while at FHD unless in bedroom or bathroom.
- Dress must be modest in keeping with Christian moral standards. Use the following guidelines for appropriate attire.

➤ Sunday Morning Service

Shirts with collar or dress shirts without collar and slacks or nice jeans (No holes or frayed bottoms). Shoes are dress shoes only unless approved by Director. NO t-shirt!

➤ Wednesday Night Service

FHD Polo or T-Shirts. No hats or head coverings on during service time.
No baggy or sagging clothing. Sunglasses may not be worn indoors during service time.

➤ All Other Services or Special Events

No hats or head coverings on during service time. No baggy clothing. Sunglasses may not be worn indoors during service time. Hats and shorts may be worn at outdoor functions with FHD T-shirts {i.e. Adopt-A-Block, Street Ministry} Dress shirts and slacks or nice jeans will be worn at all other services.

➤ Work Duty

Proper work clothes, suitable for protection in the work environment, should be worn at all times. Shorts may be no shorter than 5 to 6" above the knee. Tank tops, shirts and jeans must be modest, not revealing, low-cut or tight fitting.

➤ General

Pajamas may be worn as long as they are modest. Clothing with tobacco or alcohol ads or that endorses drug use, illicit sex or secular music will not be allowed. No cross-dressing will be allowed. Disciple **WILL NOT** walk around house, rec room included, without a shirt.

19. LAUNDRY

- Laundry will be done on a weekly basis; this includes sheets and towels.
- Disciples are to use the washer/dryer in their living area.
- Washer/Dryer in laundry room can be used on weekends only, unless pre-approved by Staff.

20. ROOMS

- **Rooms must be kept neat and organized at all times.**
- **Rooms will remain un-cluttered! If disciple has too much stuff he must get rid of it.**

- Furniture is not to be moved from room to room without permission from the Staff.
- No candles or incense burning is allowed in the rooms.
- Personal possessions must fit in the allotted storage space.
- Coffee pots, hot plates, toaster ovens, microwaves, etc. are not allowed in the individual rooms.
- Any books must fit in drawers or in a bookshelf, if available.
- Only luggage, shoes and laundry bags are allowed under your bed.
- Quiet time begins at 10:00 pm and ends at wake-up call the next morning.

21. HYGIENE

- All disciples must maintain personal hygiene habits on a daily basis. This includes but not limited to taking a shower, brushing your teeth, shaving (beards must be kept neat and trimmed) and wearing deodorant.
- Disciple **MUST** shave daily unless it is a weekend day when nothing is going on.
- If you need supplies for any of these, please let your Director know.
- FHD will provide generic hygiene supplies. If you have any special requirements or brand preferences it is up to you to provide these items at your own expense.
- Shower time is 20-minute max. In and out of bathroom. Morning or evening, one shower per day unless otherwise authorized.

22. ACCOUNTABILITY

- This is a discipleship school. The root word of discipleship is ***discipline***. It is for this reason you must inform your Director of your whereabouts at all times.
- Disciple must fill out a request form for all visits, day passes, and weekend passes. Request **MUST** be turned in no later than the Wednesday of that week.
- It is your responsibility to inform staff of any wrongdoings of other disciples or other staff. Failure to do so will be grounds for discipline.
- You cannot leave property at any time without the permission of Staff.
- All excursions outside of the residential area must be done in groups of 2 or more unless authorized by Staff. This buddy system will be in effect throughout your entire stay.
- When returning to FHD from work or day pass, disciple **must** notify the Staff of his return.

23. CHORES

- You are expected to do your assigned chores at the designated time.
- Any questions regarding work should be directed to Staff.
- If you are ill (fever, vomiting or other acute illnesses), you will remain on bed rest all day, **NO T.V. OR LOUNGING ALLOWED**.
- Not feeling like going to work or being too tired is not an acceptable excuse for not working.
- There are to be no breaks until the Staff Supervisor calls for a break.
- When chores are over, clean and return all tools to their proper place.
- No disciple is to be in his room during chore time without the permission of the Staff.

24. STUDY TIME

- You are expected to be studying during designated study times. No sleeping in your room during study time.
- It is the disciple's responsibility to complete everything on Bi-Weekly Worksheets by the dated time. NO Exceptions!
- There will be a scheduled 5-minute break for every hour of study. {At top of hour i.e. 3:00-3:05}.

25. CLASSES

- Disciples must be at least 15-minutes early for all classes.
- In the case of a missed class, you may be required to make up the missed class.

26. LANGUAGE

- In order to strengthen and encourage one another, all street talk, cursing, backbiting, gossiping, jail talk, and sharing of past experiences among the students, that is not positive in nature, is to be stopped upon admission into the program.
- You will speak encouragement to each other or not speak at all!
- It is also unacceptable to speak in a derogatory manner towards any other person, on or off the property.
- You will not be allowed to watch programs on T.V. that use fowl language and/or have to continually beep out content.

27. PERSONAL POSSESSIONS

- Each disciple is allowed to bring some of his own personal possessions.
- Personal music devices will be allowed but only if it is used to play Christian music and is not capable of connecting to Wi-Fi. No secular or mainstream artists.
- All appliances must be turned off when not in use. {Includes fans}
- Disciples are not allowed to use another disciple's personal items without permission.
- Disciples are not allowed to lend or borrow money from staff or other Freedom House Residents.
- Disciples are not allowed to exchange or sell personal items, belongings, or services to each other.
- Disciples are not allowed to have certain items. They include but are not limited to: Cell Phones, iPods, iPads, T.V.'s, VCR's, DVD Players, Laptops, Electronic Games (Nintendo, Sega, etc.).

28. PORNOGRAPHY

- Possession of or viewing pornographic material in any form will not be allowed. This includes any inappropriate material. {i.e. swimsuit models, etc.}.
- This also includes T.V. programs that have elude or sexual content.

29. GENERAL ETIQUETTE RULE

- All disciples will observe and maintain the utmost courtesy and manners demonstrating Christ-like character and attitude toward others.
- We follow the Golden Rule; “Do unto others as you would have them do unto you”.

30. PROBATION AND PAROLE

- All disciples will be expected to cooperate with all law enforcement agencies.
- Any disciple who has a court appearance, probation or parole meeting, or legal appointment must set up a meeting with the Director.
- You will be required to provide proof that you are to appear and shall provide your own transportation or the money for the trip to and from the destination (unless local).
- No side trips are allowed; you must go to your appointment and straight back.

31. COMMUNITY SERVICE TICKETS

- Community Service Tickets are a significant mode of discipline we use at FHD.
- When presented with a ticket, you must sign the ticket to acknowledge receipt of the ticket. Failure to sign a ticket will result in more discipline, up to and including dismissal.
- A community service ticket is issued upon observance of a violation of the posted rules.
- The disciple is required to complete the appropriate number of hours required for the violation by designated time, during his free time.
- Any and All privileges are suspended for the week the disciple received the community service hours. This includes but is not limited to: phone use, visitations, watching T.V., working out or going on walks, or outside excursions. There will be NO privileges unless approved by Director.
- There is a list of infractions in the FHD Handbook.

32. DISMISSAL

- If an individual leaves or is dismissed from the program it is mandatory that he takes only what he brought with him or purchased himself. {i.e. clothing and personal possessions}.
- Disciple will return any FHD shirts, clothing, and literature, including backpacks.
- FHD shall not be responsible for any clothing or personal possessions left behind by the disciple.
- If dismissed from the program you may not return for a minimum of 60 days. You will still be allowed to attend services at Agape Dream Center.
- If dismissed, you are not allowed contact with anyone in the program without approval from the Director.

33. GRIEVANCES

- Disciples have the right to file a complaint with a Director.
- The grievance must be in writing and may be given to any staff member.
- Disciples may have direct access to the Executive Director or Senior Pastor at some point in the grievance process, if necessary.
- Grievances will be resolved in a timely fashion, usually within 7 days.

34. SCHEDULES

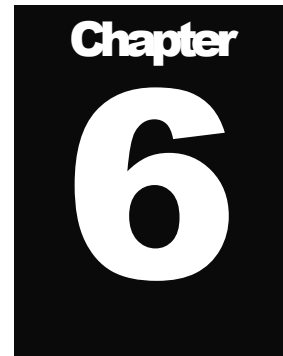
- It is your responsibility to know and comply with your posted daily schedule.
- It is also disciple's responsibility to know when they have any legal appointments and must notify Staff of any such appointments.
- You are required to attend all functions of FHD and all main services at Agape Dream Center and be at least 15 minutes early.
- Any changes to the schedule will be communicated after the morning devotions or through your Director.

35. TOBACCO USE

- The use of any type of tobacco is **strictly prohibited**. This is in effect during the disciple's complete enrollment in Freedom House Discipleship.
- This also includes off campus time. {i.e. work, day pass, etc.}
- If tobacco is found in your possession or the effects of tobacco are found in your possession, on your person, or in your room disciplinary actions will follow. There are NO warnings!

36. CHANGES

- From time to time it may become necessary to make changes to these rules.
- When this happens notice will be given before such changes take effect.



FREEDOM HOUSE DISCIPLESHIP COMMUNITY SERVICE TICKETS

Accountability, integrity, and character are some of the key personality traits that are important to S.U.C.C.E.E.D. in life. FHD's Community Service Program is designed with this in mind. Life is built upon the choices that we make. If we choose to make wise

choices then we will reap the rewards of those choices. However, if we choose to make wrong choices then we must also be held accountable and suffer the consequences for those choices.

The following list is not meant to be entirely inclusive, but is meant to be a tool to help in our journey to making right choices and living successful lives. Infractions are, but not limited to the following:

Ticket Infraction	Community Service Hours
All automatic demotions to First Level	20
Smoking Cigarettes (2 nd Offense)	20
Inappropriate behavior towards opposite/same sex (2 nd Offense)	20
Pushing or shoving another disciple	20
Name-calling, degrading and/or threatening remarks	20
Abuse of off-campus privilege	20
Abuse of medical/personal pass privilege	20
Gossiping, causing strife, dissension or discord against staff	20
Lying to staff	15
Refusal to follow directions of a staff member	15
Stealing	15
Destruction of property	15
All single level demotions	15
Arguing with staff	15
Refusal to follow directions of a crew leader	10
Arguing with crew leader	10
Inappropriate behavior towards opposite/same sex (1 st Offense)	10
Failure to show up for Community Service	10
Horseplay	10
Panhandling in any shape or form	10

Being late for curfew	10
Not letting staff know about rule infractions of other disciples	10
Lying to disciples	10
Not doing assigned tasks	10
Being out of assigned area/building without permission	10
Smoking Cigarettes (1 st Offense)	10
Gossiping, causing strife, dissension or discord with disciples	10
Rebellious attitude	10
Being in a restricted area	10
Abuse of a visitation pass privilege	10
Disciple smells like smoke and/or possession of Tobacco	05
Rooms smell like smoke	05
Borrowing anything from FHD resident	05
Leaving assigned tasks early	05
Not participating in a FHD/Church activity	05
Not studying during study time	05
Not having accountability	05
Being late to a scheduled activity	05
Profanity of any kind, written or verbal	05
Not getting up out of bed	05
Not taking a shower	05
Leaving room after lights out without permission	05
Room not cleaned & bed not made	05
Inappropriate behavior while traveling	05
Dress code violations	05
Possession of pornography in any form	05
Sleeping in church	05

Sleeping during study time or chores	05
Leaving church during service	05
Abuse of phone and or internet privilege	05
Arguing with another disciple	05
Having food in room	05

***And, having been set Free from sin,
you have become servants of righteousness
{Of conformity to the divine will in thought, purpose and action}.***